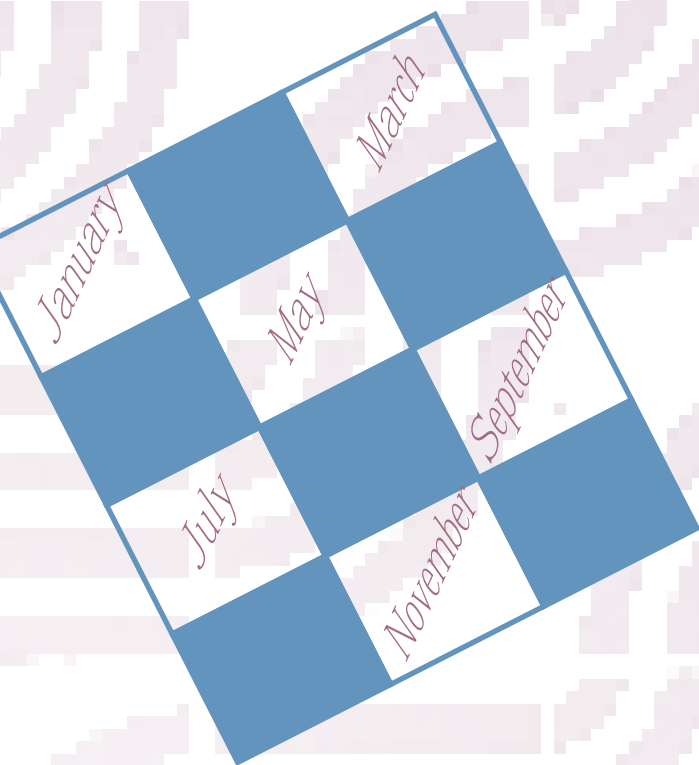


Join us in learning how to live with lung disease. A series of three classes is held Tuesdays from 1 p.m. to 4 p.m.

Classes are held every other month:



These classes are held in the Patient Tower, Building 330, Room 8C-101.

Program speakers include the following professionals:

A **registered nurse** will explain the respiratory system and useful breathing methods

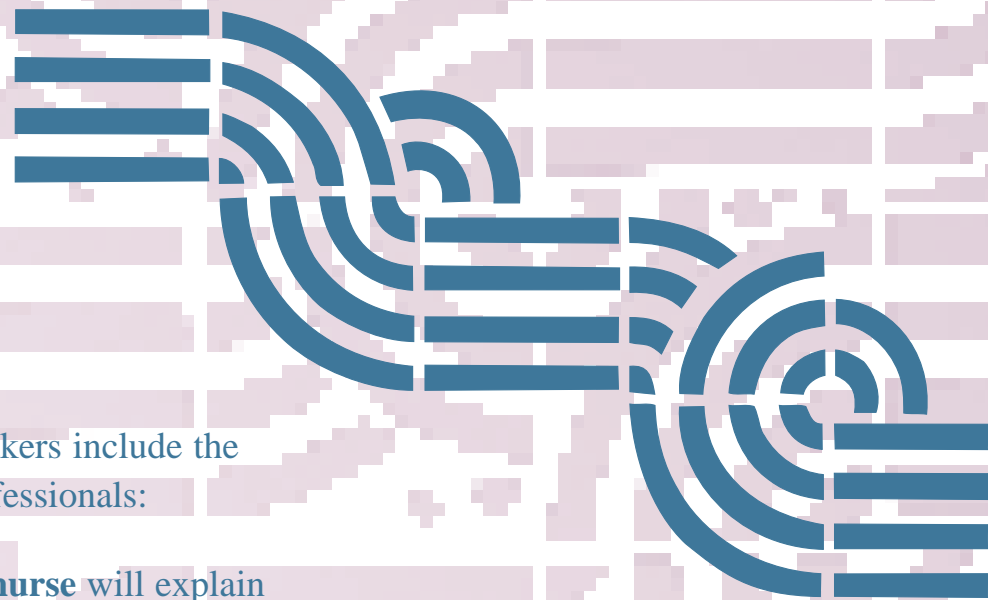
A **dietitian** will help you to plan meals

A **pharmacist** will review drugs used to treat lung disorders

A **psychologist** will lead an open discussion of how to cope with your disease

A **social worker** will discuss how to use the health care system

A **kinesiotherapist** (exercise therapist) will lead a discussion on the benefits of exercise



This comprehensive lung education program is designed for persons with lung disease and their families.

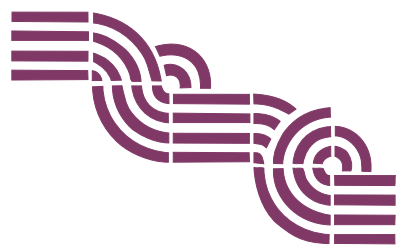
The program offers three classes on how to live with your lung disease.

To register:

Call the Patient Health Education Office at (937) 262-3376

or

Call the Lung Disease Education Program Coordinator at (937) 268-6511, extension 2849 or beeper 313



AIR

Wild air, world-mothering air,
Nestling me everywhere,
That each eyelash or hair
Girdles; goes home betwixt
The fleeciast, frailest-fixed
Snowflake; that's fairly mixed
With, riddles, and is rife
In every least thing's life.

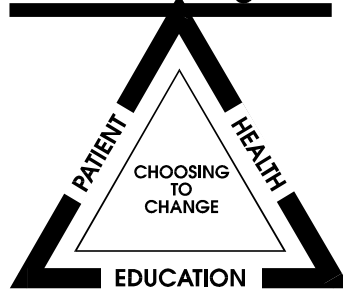
- Gerard Manley Hopkins
(1844-89), English poet



Veterans Affairs
Medical Center
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Dayton, OH 45428

1-888-VET-OHIO
838-6446

**Patient Health
Education Programs**



Living With Lung Disease



**Department of
Veterans Affairs**